

Life Fitness Models 4000 and 4500HR Treadmills

How To... Install the Monocolumn Pad Kit

Tools required: Phillips screwdriver, Socket set

Step 1

Turn the power **OFF** at the ON/OFF switch and then unplug the unit from the electrical outlet.

Step 2

Using a Phillips screwdriver, remove the two SCREWS securing the sides of the VENT COVER to the MOTOR COVER.

Step 3

Grasp the VENT COVER in the center and pull away from the MOTOR COVER to disengage the two snap down CLIPS located on the inside, center of the VENT COVER.

Step 4

Using a Phillips screwdriver, remove the SCREW securing the RETAINING PLATE and FIBERBOARD WEDGE in place on the MONOCOLUMN. Discard the RETAINING PLATE, FIBERBOARD WEDGE and SCREW.

Step 5

Loosen, but do not remove, the two nuts on the U-BOLT securing the MONOCOLUMN to the FRAME and the SCREW located at the base of the MONOCOLUMN.

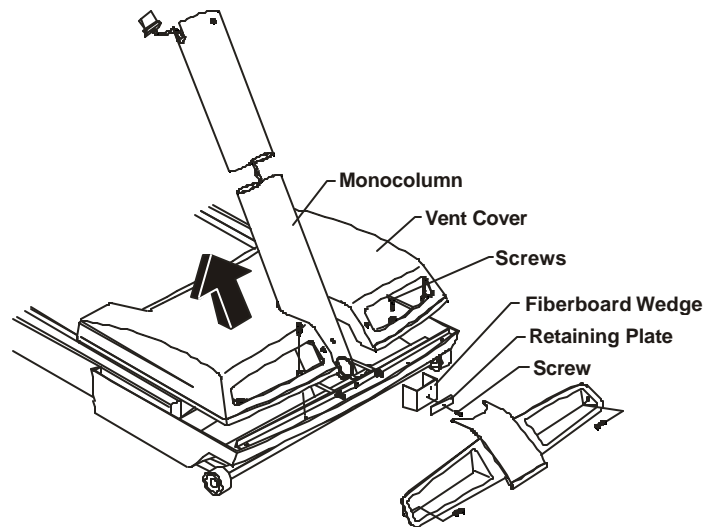
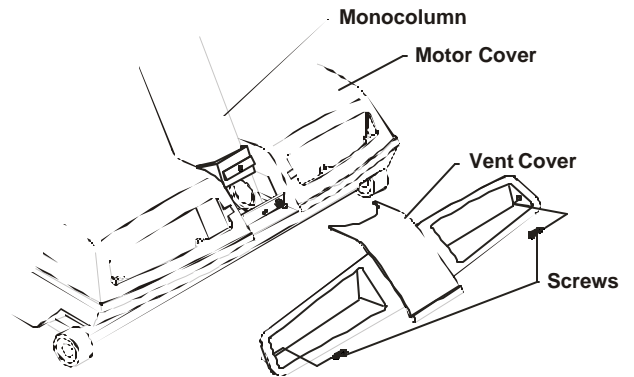
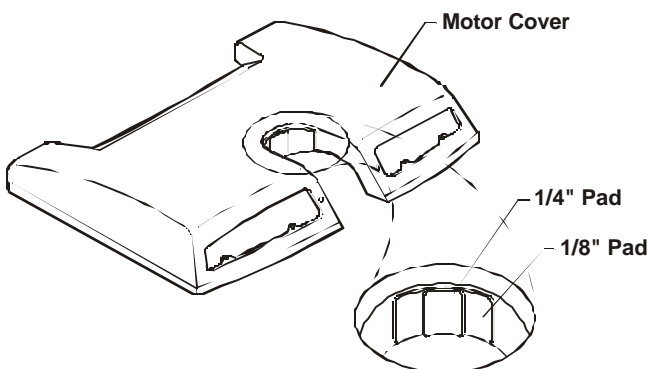
CAUTION: BE CAREFUL NOT TO STRAIN OR DAMAGE THE WIRE HARNESS THAT RUNS THROUGH THE MONOCOLUMN.

Step 6

Remove the four SCREWS securing the MOTOR COVER in place against the treadmill FRAME. Carefully lift the MOTOR COVER from the machine.

Step 7

Place the supplied 1/8" PAD (large pad) into the center area of the recess in the MOTOR COVER (as shown).



Step 8

Place the supplied 1/4" PAD (small pad) centered against the 1/8" PAD previously placed in STEP 7 (as shown).

Step 9

Carefully slide the MOTOR COVER into position and re-install the four MOTOR COVER SCREWS.

Step 11

Tighten the U-BOLT nuts and the Phillips SCREW securely.

Step 12

Place the VENT COVER back into position on the MOTOR COVER and secure it using the two VENT COVER SCREWS.

INSTALLATION COMPLETE